



Waterloo
Local School District

MEAL MODIFICATIONS / FOOD ALLERGIES

If your child has a food allergy or needs a meal modification this needs to be communicated in writing to the Food Service Department.

Does your child have a life threatening allergy / disability related to food?

- **If YES:** Must obtain a medical note from a licensed physician that describes the child's condition / allergy, and prescribes a substitution.
- **If NO:** The Food Service Department will make every effort to accommodate for food allergies. Must submit in writing a note from either the parent or a medical authority that describes the child's condition and that they are requesting a substitute.

Non-Disability Situations

The Food Service Department will make every effort to accommodate meal modifications based on non-life threatening allergies, cultural, religious and/or ethical preferences within the Program meal pattern. Supporting documentation in the form of a written request stating modifications and substitutions should be submitted to the Food Service Department.